



# JIM HARSHAW JR.

---

## *Revealing Failure as the Path to Success*

Success Through Failure Podcast

Action Plan Episode #283

**How to Build a Personal Dream Team**

**That Will Streamline, Simplify, and Optimize Your Life**

Here on the Success Through Failure podcast, we've constantly talked about the value of setting your goals; of getting in the right discipline and mindset in order to achieve success. BUT even if you feel like you've got all these things planned to a T, it's all moot if you don't have the right support system.

In this episode, you'll learn how to build your team—your support system. Your Environment of Excellence.

Who should complete the foundation of your life's infrastructure?

Who are the people who could aid you in maximizing your time, in increasing your efficiency, and in maximizing your impact on the world?

Who are the people in your life that could play these important roles?

Tune in now and start building your dream team!

### **Top Quotes From This Episode**

*"Teaching is the best way to learn. It's constantly reinforcing what you need to do, what you know you need to do, and holding yourself accountable."*

*"A 'Productive Pause' is a short period of focused reflection around specific questions that leads to clarity of action and peace of mind."*

*"Have other people who you can serve. And when the time comes, and you need it, they can serve you and help you as well."*

### **Show Notes**

**This episode touches on the following key topics and ideas:**

- **First Live Event (2:23):** Become a Pathfinder and join our first live event on May 21 to 23, 2021. Apply now and learn more: [JimHarshawJr.com/APPLY](http://JimHarshawJr.com/APPLY)
- **A planted seed (3:53):** This episode is one year in the making; this was inspired by a conversation I had with one of my really high-performing clients.
- **Reduce the Friction (6:30):** Reduce the friction or resistance in your life by building an “infrastructure” in your life: The people or the team who will help you maximize your impact and efficiency. And how you can be that for others.

**Important parts of your infrastructure:**

- **Faith (9:25):** Looking at the successful people and people I looked up to, I realized that one of the foundations of their infrastructure is faith. If you're a leader, I encourage you to consider faith to be part of your infrastructure.
- **Pastor (11:17):** Have somebody in your life (can be your Pastor) who has a strong faith, who you can have a conversation with.
- **Spouse or your significant other (12:23):** See your significant other as a teammate—you serve them, they serve you. See your spouse or partner as part of your infrastructure, not just a roommate.
- **Friends (13:23):** Your infrastructure should include your friends who align with your values and who challenge your beliefs; to help you continue to grow and learn.
- **Coach (14:44):** Find yourself a coach who could guide you in life. The highest performers in the world have their own coaches, so why not you! Yours truly is a coach, so if you're interested to work hand in hand in achieving your goals. See you at [JimHarshawJr.com/APPLY](http://JimHarshawJr.com/APPLY) or check out [JimHarshawJr.com/2021](http://JimHarshawJr.com/2021).
- **Mastermind Group (16:22):** Having a mastermind group is a great source to find clarity of action and peace of mind. I created an E-book on how to create your own mastermind group. Just go to [JimHarshawJr.com/ACTION](http://JimHarshawJr.com/ACTION) to get your copy.
- **Mentor (18:21):** This could be a formal or informal mentor in various areas of your life—in your relationships, health and fitness, and career.
- **Mentee (18:56):** Having a mentee is just as important as having a mentor. There are people out there who need your help.
- **Assistant (20:31):** Put an effort into hiring the right people for your team who will help you streamline your life. For me, this means a Virtual Assistant. They can also come as your Executive Assistant, your Assistant Coach, your right-hand man or woman, among others.

- **Financial Advisor (23:47):** You should be working with a Financial Advisor. This points out to the idea of a [Productive Pause](#): Hit the “pause button” and evaluate your finances with the help of a financial expert.
- **Fitness and Health (24:55):** Find people in your life who could guide you in terms of health and fitness. Work with a Fitness Coach, Nutrition Coach, or your Doctor, get into a fitness group, or find the right fitness plan.
- **Community (27:52):** Cultivate a community where people are ready to give a helping hand. It's important to build a neighborhood that supports each other.
- **Doctor (31:04):** You need to have a doctor (can be a therapist, counselor, or psychologist) who aligns with you. If you're not clicking with your doctor, find another one.

### **List of Resources Mentioned in the Episode**

[JimHarshawJr.com/2021](http://JimHarshawJr.com/2021)

Steven Pressfield's ["The War of Art"](#)

[JimHarshawJr.com/YOUTUBE](http://JimHarshawJr.com/YOUTUBE)

[Upwork.com](http://Upwork.com)

[EcoChallenge.com](http://EcoChallenge.com)

[JimHarshawJr.com/SOLO](http://JimHarshawJr.com/SOLO)

### **Want to talk to a personal performance coach?**

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: [JimHarshawJr.com/APPLY](http://JimHarshawJr.com/APPLY)

Enjoyed the podcast and want to hear more? Head on over [here](#) for more!

### **How to Leave a Rating and Review for STF on iTunes**

Ratings and reviews help a lot! Please consider leaving one. It's really simple. Here's how: <https://youtu.be/T1JsGrkiYko>

### **Other Episodes Referenced**

[#165 The Truth About Achieving Unthinkable Goals with Speaker, Author, 4X Olympian Ruben Gonzalez](#)

[#256 Steven Pressfield: Defeating Resistance and Starting Before You're Ready](#)

[#278 The Dos and Don'ts of World-Class Leadership from the Expert Himself: Ken Blanchard](#)

[#52 Travis Macy, Author of The Ultra Mindset, Talks Success in Business, Sports and Life](#)

[#161 The HARD Truth About Your Commitment Level: An Elite Boxing Coaches View On Success](#)

[#196 Initiative: A Blueprint For How To Make Your Idea Work With Josh Spodek](#)