



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #300

Best of Episode: Top Hacks, Tactics and Strategies from the Most Popular Episodes

From “Wrestling with Greatness” to “Success Through Failure,” from having billionaires, best-selling authors, and elite athletes on the show— our podcast has truly enjoyed tons of milestones. Now, 6 years later, we celebrate our 300th episode!

All of this would not be possible without YOU, our ever supportive listener, so thank you for making our 300th episode possible.

As a special treat for you, we gathered the best of the best episodes from 2019 till 2020. Let's look back at some of the most downloaded episodes and listen to the timely, life-changing wisdom shared by some of my favorite guests— and some from the solo episodes.

What's your favorite Success Through Failure episode? Join us in celebrating this event by sharing this on social media. Don't forget to tag me (@jimharshaw on Twitter and Instagram and @jimharshawjr on Facebook) and use the hashtag #STFpodcast.

Cheers to the next 100 episodes! Tune in now!

Top Quotes From This Episode

“The man you're talking to has more interest in his own toothache than an earthquake that killed 10,000 people.” (Dale Carnegie, How to Win Friends & Influence People)

“If you want to be trusted and to be relied upon, check your ego and listen. Truly, genuinely care about the other person.”

"You can't stumble into something unless you're moving forward."

"Early to bed, early to rise, makes a man wise." (Charlie "The Spaniard" Brenneman)

"The small things executed consistently are the big things. That's how success works."

Show Notes

This episode touches on the following key topics and ideas:

- **#205 How to Crush Massive Goals Even If You Have Massive Obstacles: A Conversation with Andre Kajlich**
 - **(7:30)** Andre Kajlich talks about acknowledging your struggles and carrying that "bring it on" attitude in the face of adversity.
- **#201 Relationships, Results, and Being Present: Building Meaningful Relationships for Professional and Personal Success**
 - **(9:44)** Frank Somma shares the value of creating deep relationships to create better results in our lives.
- **#202 "Yeah, but" Syndrome: Erasing Doubt and Believing In Your Capacity to Succeed**
 - **(12:21)** Forget about the "Yeah, but" in your life and stop making excuses that hinder your path to success. Move forward.
- **#204 What To Do When You Go Off Course: A Guide To Regaining Focus, Consistency, and Balance**
 - **(14:43)** It's okay to go off course when (1) it's intentionally and thoughtfully done and (2) if you know how to get back on course.
- **#231 A Performance Psychology Hack 40 Years in the Making: Dr. Steven Hayes Shares the Secret to High Performance and a Meaningful Life**
 - **(17:14)** The act of comparing yourself or what you have with others always puts you on the short end of the stick.
- **#235 Stop Wishing and Start Becoming: Discipline, Toughness, and the Pursuit of Excellence with The Spaniard**
 - **(19:18)** While Charlie "The Spaniard" Brenneman values the idea of getting up early, he says "it's not do or die." Consistency in what you're consistent in, regardless of what time of the day, is just as important.

- [#230 P2+E2=S2: A Formula for Clarity of Action, Peace of Mind, and Living a Successful Life](#)
 - **(21:44)** P2 (Productive Pause) + E2 (Environment of Excellence) = S2 (Success x2!)
- [#233 Reclaim Your Life: Working Less, Earning More, and Living Your Best Life with CEO, Author and Speaker David Finkel](#)
 - **(24:44)** David Finkel explains the “A, B, C, and D time” based from the Pareto's Principle or the 80/20 rule
- [#232 How To Identify And Execute Your Core Habits Consistently So You Can Find Success and Maximize Your Potential](#)
 - **(29:12)** Create momentum on your day— or even your habits— by doing two or three really easy things at the beginning of your to-do list every day and watch your efforts positively affect your performance.

List of Resources Mentioned in the Episode

Tim Ferriss' [books](#)

Ken Blanchard's ["The New One Minute Manager"](#)

Bob burg's ["The Go-Giver"](#)

Cal Newport's ["Digital Minimalism"](#) and ["Deep Work"](#)

Greg McKeown's ["Essentialism"](#)

John Gordon's [books](#)

Dale Carnegie's ["How to Win Friends & Influence People"](#)

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: JimHarshawJr.com/APPLY

Enjoyed the podcast and want to hear more? Head on over [here](#) for more!

How to Leave a Rating and Review for STF on iTunes

Ratings and reviews help a lot! Please consider leaving one. It's really simple. Here's how: <https://youtu.be/T1JsGrkiYko>

Other Most Downloaded Episodes:

[#200 Ten Lessons: One Lesson From Each Of The Ten Most Popular STF Episodes](#)

[#149 Run on Rocketfuel: The Truth About the Ketogenic Diet with Drew Manning](#)

[#115 Imposter Syndrome, Biohacks and Inventing the World's Next Must Have Gadget with Sam Shames of Embr Labs](#)

[#198 How To Crush It On The Days You Just Don't Feel Like It: 12 Ways To Create Peak Performance Daily](#)

[#193 How To Overcome Complacency: 6 Tactics For Getting Yourself To Do What You Know You Should](#)

[#189 12 Ways to Be More Patient, Poised, and Calm in the Face of Frustration](#)

[#180 How to Feel Like You Accomplished Meaningful Progress at the End of Your Day](#)

[#187 Defining Moments: Moving On- How to Deal with Change, Transition, and New Challenges](#)

Some of the Biggest Personalities Who Joined Us on the Success Through Failure Podcast

[#246 & #247 Interview with Tim Ferriss: Secret \(or Not-So-Secret\) Routines, Experiments, and Absurd Questions from a World-Class Performer](#)

[#278 The Dos and Don'ts of World-Class Leadership from the Expert Himself: Ken Blanchard](#)

[#284 Author of The Go-Giver, Bob Burg: How and What to Give to Create Massive Success](#)

[#268 Deep Work, Digital Minimalism, and Doing Your Highest Value Work with Cal Newport](#)

[#68 The Disciplined Pursuit of Less with NYT Bestselling Author Greg McKeown \(Essentialism\)](#)

[#50 Russell Brunson of ClickFunnels and DotCom Secrets.](#)

[#69 Strategy Before Tactics: Marketing for Growth in Business and Life with Duct Tape Marketing's John Jantsch](#)

[#79 Diamond Dallas Page: An Unlikely Journey to the Professional Wrestling World Title](#)

[#117 How to Find Your Purpose with Author, Speaker Jon Gordon](#)

[#116 A Process to Increase Productivity, Stay Focused and Get the Right Things Done with Worldwide Influencer David Allen of Getting Things Done](#)

[#27 Joe DeSena and How to Be a Spartan](#)

[#176 Finding Your Place in the World: From Rock Bottom to World Champion with Jden Cox](#)

[#25 Believing the Dream and Not Reality with Lee Kemp](#)

[#169 Resilience, Adversity, and Being Extraordinary: Lessons from Author, Speaker, Paralympic Medalist Bonnie St. John](#)

Other Episodes Referenced

[#125 E2+P2=S2: A Formula For Success In The Real World With Jared Kahmar](#)