



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #323

Michael Chandler

Michael Chandler grew up in a typical blue-collar, hard-working, middle-America household. He attributes a lot of his work ethic to the example his parents provided.

Passing on scholarship offers to smaller schools, Michael took a leap of faith and walked onto the University of Missouri wrestling team in 2004 after high school graduation. He knew "betting on himself" was a gamble and that it's no easy task to compete at the highest level of college wrestling.

But that didn't stop him.

In 2009, Michael competed in his first MMA fight, won by first-round TKO, and hasn't looked back since.

In this episode, we're going inside the mind and life of former Bellator world champion and future UFC world champion *after* a loss to learn how he prepares to win his next fight! Listen in as he shares how to create incredible self-belief so you can start embracing your potential despite and sometimes even because of failure.

Every minute of this interview is nothing short of amazing so don't miss it!

Top Quotes From This Episode

"You can't take the good things in stride without also taking the failures and the setbacks in stride."

"I was called into the sport, not just to be good, but to be phenomenal and to have a huge platform and have wild success."

"I can have a ton of success because if I don't have success, I really can't do much. I need to have success, therefore, I can be a blessing. I will be blessed to be a blessing."

"The more we can tie our 'what we do' to our 'why' and cloak it in gratitude, we stop focusing so inwardly and we start thinking about the big picture."

"Try to be a little bit more optimistic and things will usually work out a little bit better than they would have if you had a little bit of a pessimist thinking."

Show Notes

This episode touches on the following key topics and ideas:

- **The switch (4:45):** Michael on transitioning from Bellator to UFC
- **The catalyst (7:53):** Michael talks about his decision of joining the University of Missouri wrestling team, which was a risk worth taking
- **A champion's mindset (13:30):** Finding the silver lining after losing his last UFC fight
- **The 3 big mistakes (16:08):** The mistakes Michael made when he lost the first-ever fight of his career and the lessons he learned from the experience
- **Mindset shift (20:10):** Despite his adversities in life, Michael vowed to leave his insecurities and self-limiting beliefs in the past to move forward and succeed
- **Selfish thinking (25:22):** Michael reminds us to *"put your calling over your comfort. Get in uncomfortable scenarios and continue to move forward"*
- **How full is your bucket? (30:03):** Optimism and gratitude as Michael's "secret weapon"

List of Resources Mentioned in the Episode

Tom Rath's ["How Full Is Your Bucket?"](#)

Tom Rath and Mary Reckmeyer's ["How Full Is Your Bucket?"](#) (for kids)

James Allen's ["As a Man Thinketh"](#)

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Other Episodes Referenced

[#99 World Champion Mike Chandler on Escaping Doubt and Finding True Confidence](#)

Guest Website and Social

Michael Chandler

[Website](#) | [Facebook](#) | [Twitter](#) | [Instagram](#)

["14 Days to the Top" by Michael Chandler](#)