



# JIM HARSHAW JR.

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## *Revealing Failure as the Path to Success*

Success Through Failure Podcast

Action Plan Episode #337

### **How You Do One Thing is NOT How You Do Everything**

How do you rate yourself in terms of consistency in everything you do?

Have you achieved consistency in certain areas of your life but not in others?

Is consistency holding you back?

*"I can't stay focused..."*

*"I struggle with discipline..."*

*"I can't stay committed to the goals and the habits that I want to be committed to..."*

If you perform well in some areas of your life but regularly catch yourself uttering these words about other areas, this episode is for you.

In this episode, I'm going to reveal the tactics you can practice so you can achieve consistency across ALL areas of your life— even the ones where you struggle to find balance and success.

Tune in now and don't forget to share this episode on social media:  
[JimHarshawJr.com/SHARE](http://JimHarshawJr.com/SHARE).

### **Top Quotes From This Episode**

*"How you do anything is NOT how you do everything."*

*"Is there an area in your life where you identify as a certain type of person or it's just who you are? Where can you amplify this 'I am' mantra? Can you say that about some other area of your life?"*

*"Apply the learning for what works for you into that area where it's not working to find that 'how you do anything is how you do everything' can actually become real for you."*

## Show Notes

This episode touches on the following key topics and ideas:

- **Spread the word! (0:46):** [Share this episode](#) on your favorite social media platforms and don't forget to tag me:
  - @jimharshawjr ([Instagram](#), [Facebook](#))
  - @jimharshaw ([Twitter](#))
  - Jim Harshaw Jr. ([LinkedIn](#))
- **How this came up (1:46):** The inspiration for this episode
- **Here's why (3:32):** *"How you do anything is how you do everything"* is not true
  - A great salesperson who is consistent at work but not in workouts or nutrition
  - A fit athlete who doesn't focus on marriage
  - A great dad who spends time with his kids but doesn't spend time providing for the kids by working consistently hard
- **Here's my challenge to you (5:30):** Figure out what makes you do the ONE thing well and apply what you learn to the other areas of your life.
  - **(6:09) Being part of a team?** Then find a team for the other areas of your life
  - **(7:06) The things you're good at align with your why?** Then figure out how your why can align with the other areas of your life
  - **(8:57) It's just who you are?** Then create a mantra to grow a new part of your identity where you want to be more consistent and focused
  - **(12:19) You don't have a choice?** Then find a way to paint yourself into a corner on the other areas of your life you want to be good and consistent at

## Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: [JimHarshawJr.com/APPLY](https://jimharshawjr.com/APPLY)

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