



# **JIM HARSHAW, JR.**

*Clarity of Action. Peace of Mind.*

Success for the Athletic-Minded Man Podcast

Action Plan Episode #497

## **Most People Would Rather Fail Than Fix This. Are You One of Them?**

Here's the truth: Your biggest obstacle isn't what you know— it's what you DON'T know.

Blindspots in performance, leadership, and business are quietly sabotaging your success. They limit your growth, stall your progress, and keep you wondering why you're not breaking through, while others seem to accelerate past you.

So how do the best in the world overcome this? They seek out their blindspots and destroy them.

In this episode of "Success for the Athletic-Minded Man" podcast, I reveal how high achievers, elite athletes, and top business minds identify and eliminate their biggest weaknesses before they become roadblocks.

Remember how Tiger Woods rebuilt his entire swing after winning the Masters? Or how Shelly-Ann Fraser-Pryce changed her sprinting posture and became an Olympic legend? And don't forget that top business leaders invest in coaches, not because they're weak, but because they refuse to stay blind to their shortcomings.

So if self-awareness is the key to success, why do so many people stay blind to their biggest weaknesses?

Simple: You can't fix what you refuse to see.

Listen as I help you spot the hidden flaws quietly costing you money, opportunities, and impact, and more importantly, give you the tools to eliminate them for good.

If you're tired of feeling stuck and repeating the same mistakes, this episode is your wake-up call.

## Top Quotes From This Episode

*"Blind spots are these unrecognized habits, tendencies, and weaknesses that hinder our performance until they're identified and addressed until you do something about them."*

*"We're on the inside of the jar trying to read the label." (Donald Miller)*

*"We all need somebody who can help us think through our blind spots." (Peter Drucker)*

*"You need that person who's outside of you, who can see your blind spots, who can see the things that you can't see."*

## Show Notes

**This episode touches on the following key topics and ideas:**

- **[Share this episode!](#)**: Share the podcast on social media by tagging me and using the hashtag #SAMpod:
  - **YouTube:** [@jimharshaw1](#)
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  - **LinkedIn:** [Jim Harshaw, Jr.](#)
- **The Blind Spot Analogy (0:34)**: Donald Miller's analogy paints the perfect picture: blind spots are like trying to read the label from inside the jar. You need an outside perspective to truly see where you need to improve. Whether through coaching, mentorship, or accountability, having someone to identify and address your blind spots can be the key to unlocking new levels of success.
- **Lessons from Sports (4:19)**: Blind spots exist in every domain, even at the highest levels of competition. Learn how top athletes, like Tiger Woods, Shelley-Ann Fraser-Pryce, and even my own personal experiences in wrestling, have uncovered and corrected hidden flaws that were holding them back.
- **Why Identifying Blind Spots Is Critical for Your Growth (12:29)**: Blind spots are the invisible weights slowing you down— whether in business, relationships, or personal development. Recognizing them is the first step to breaking through barriers.

- **How to Identify Your Blind Spots (14:58):**
  - ***Listen to feedback from trusted individuals:*** Spouses, colleagues, and friends often see what you miss. You can also hire a coach or mentor to get expert insight from someone trained to see what you cannot.
  - ***Take assessments:*** DISC, 360 feedback, or other tools provide an objective view of your strengths and weaknesses.
- **The Hidden Danger of Over-Focusing on Blind Spots (17:10):** Constantly fixating on weaknesses can affect your confidence. Learn the balance of reviewing your mistakes with reinforcing successes, ensuring growth without self-doubt.
- **How to Address Your Blind Spots (20:42):**
  - ***Be mindful:*** Set up reminders to stay aware of your blind spots. A post-it note, a daily journal, or a recurring calendar alert can keep them top of mind.
  - ***Create a long-term improvement plan:*** Invest in coaching, courses, or structured training to tackle your weaknesses.
  - ***Hedge against your blind spots:*** If you're a big-picture thinker who struggles with execution, hire a project manager. If you're detail-oriented but lack strategic vision, seek mentorship.
  - ***Join a community for accountability:*** Whether it's a mastermind group, coaching program, or personal accountability partners, ensure you have people keeping you on track.

### **List of Resources Mentioned in the Episode**

["Building a StoryBrand: Clarify Your Message So Customers Will Listen"](#) by Donald Miller

[WATCH] [Tiger Woods Golf Swing Secrets 2000 With Coach Butch Harmon](#)

["The Daily Drucker: 366 Days of Insight and Motivation for Getting the Right Things Done"](#) by Peter Drucker

["The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Living"](#) by Ryan Holiday and Stephen Hanselman

["The Daily Pressfield: A Teaching a Day from the Author of the War of Art"](#) by Steven Pressfield

["The Confident Mind: A Battle-Tested Guide to Unshakable Performance"](#) by Dr. Nate Zinsser

### **Other Episodes Referenced**

[#246 & #247 Interview with Tim Ferriss: Secret \(or Not-So-Secret\) Routines, Experiments, and Absurd Questions from a World-Class Performer](#)

[#307 Jack Canfield on How Exactly to Use Visualization and the Law of Attraction to Create Breakthrough Success](#)

[#428 Jack Canfield's Masterclass on Visualization and Law of Attraction for Breakthrough Success](#)

[#50 Russell Brunson of ClickFunnels and DotCom Secrets](#)

[#27 Joe De Sena and How to Be a Spartan](#)

[#340 Joe De Sena on Resilience for Families and the Spartan Lifestyle](#)

[#336 West Point Director of Performance Dr. Nate Zinsser on How to Create a Confident Mind](#)

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